### Active & Inclusive:
**Ability Sport, Special Olympics & Swindon Christmas Schedule 2017**

<table>
<thead>
<tr>
<th>Days</th>
<th>Activity</th>
<th>Time</th>
<th>Location</th>
<th>Last Session before Xmas</th>
<th>First Session Back</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Mondays:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wheels 4 All (Cycling) 16+</td>
<td>10.00-11.00</td>
<td>County Ground Athletics Track</td>
<td>18/12</td>
<td>08/01</td>
</tr>
<tr>
<td></td>
<td>Ability Gym (16+)</td>
<td>13.00-15.00</td>
<td>Link Centre</td>
<td>18/12</td>
<td>08/01</td>
</tr>
<tr>
<td></td>
<td>Football (16+)</td>
<td>13.30-14.30</td>
<td>PlayFootball, Kembrey Park</td>
<td>18/12</td>
<td>08/01</td>
</tr>
<tr>
<td><strong>Tuesdays:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Inclusive Swimming (16+)</td>
<td>10.15-11.00</td>
<td>Link Centre</td>
<td>19/12</td>
<td>02/01</td>
</tr>
<tr>
<td></td>
<td>Ability Ice Skating</td>
<td>12-12.45</td>
<td>Link Centre</td>
<td>19/12 (12-12.45pm)</td>
<td>02/01</td>
</tr>
<tr>
<td></td>
<td>Ability Trampolining (16+)</td>
<td>13.00-15.00</td>
<td>Haydon Centre</td>
<td>19/12</td>
<td>02/01</td>
</tr>
<tr>
<td></td>
<td>Inclusive Athletics (8+)</td>
<td>16.45-17.45</td>
<td>Commonweal School (Oct-Mar)</td>
<td>12/12</td>
<td>02/01</td>
</tr>
<tr>
<td><strong>Wednesdays:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ability Climbing (16+)</td>
<td>10.30-12.30</td>
<td>Cricklade Leisure Centre</td>
<td>13/12</td>
<td>03/01</td>
</tr>
<tr>
<td></td>
<td>Tennis (16+)</td>
<td>13.00-14.00</td>
<td>Delta Tennis Centre</td>
<td>06/12</td>
<td>03/01</td>
</tr>
<tr>
<td></td>
<td>Ability Gym (16+)</td>
<td>13.00-15.00</td>
<td>Link Centre</td>
<td>20/12</td>
<td>03/01</td>
</tr>
<tr>
<td><strong>Thursdays:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ability Trampolining (16+)</td>
<td>12.15-14.00</td>
<td>Haydon Centre</td>
<td>21/12</td>
<td>04/01</td>
</tr>
<tr>
<td></td>
<td>Wheels 4 All (Cycling) 16+</td>
<td>13.00-14.00</td>
<td>County Ground Athletics Track</td>
<td>21/12</td>
<td>04/01</td>
</tr>
<tr>
<td></td>
<td>Boccia</td>
<td>16.30-17.30</td>
<td>Dorcan Recreation Complex</td>
<td>07/12</td>
<td>04/01</td>
</tr>
<tr>
<td></td>
<td>Swindon Champions (16+)</td>
<td>18.30-20.00</td>
<td>Dorcan Recreation Complex</td>
<td>07/12</td>
<td>04/01</td>
</tr>
<tr>
<td><strong>Fridays:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Activity</td>
<td>Time</td>
<td>Venue</td>
<td>Start Date</td>
<td>End Date</td>
<td></td>
</tr>
<tr>
<td>---------------------------</td>
<td>---------------</td>
<td>--------------------------------</td>
<td>------------</td>
<td>----------</td>
<td></td>
</tr>
<tr>
<td>Cycle Drop In (16+)</td>
<td>10.00-12.00</td>
<td>County Ground Athletics Track</td>
<td>15/12</td>
<td>05/01</td>
<td></td>
</tr>
<tr>
<td>Seated Exercise</td>
<td>13.00-14.00</td>
<td>Link Centre Studio 1</td>
<td>22/12</td>
<td>05/01</td>
<td></td>
</tr>
<tr>
<td>Boccia (16+)</td>
<td>13.00-14.00</td>
<td>OK4U, Upham Road</td>
<td>15/12</td>
<td>05/01</td>
<td></td>
</tr>
</tbody>
</table>